

# INDEPENDENT LIVING CHECKLIST

## A Consumer Checklist of Important Services, Amenities and Accommodations in Independent Living Communities.

An independent living checklist is useful because the independent housing industry offers many alternatives; therefore, it is important that those individuals interested in exploring independent housing take the time to understand their personal needs and what different communities offer. It is also critical to review and compare the different services available and whether additional charges are incurred or if monthly rent includes the service.

Although there are many more questions and insights you have personally, this is merely a guideline to assist with your initial tour and information gathering.

Below are considerations to help you determine if a move to an independent living community is for you.

<b>Is an Independent Living Community right for you? .....</b>	<b>YES</b>	<b>NO</b>	<b>UNSURE</b>
I want to remain independent. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have concerns about my health. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emergency medical help is important to me. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Housekeeping assistance would be helpful to me. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would like assistance with home maintenance and repairs. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would enjoy the opportunity to meet new people. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would enjoy planned social and recreational activities. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would like transportation service available. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would like meals prepared for me. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am willing to move from where I live now. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am willing to have less living space in order to receive services. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would feel safer if I moved somewhere else. ....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If you answered "yes" to some of the above, an independent living community might be of interest to you. Continue to the following page for a helpful list to assist in your selection.

## INDEPENDENT LIVING CHECKLIST – PAGE 2

Name of Community You Are Touring: \_\_\_\_\_

### What To Look For When Visiting An Independent Residence

The following is a services checklist to help guide you.  
Determine whether each service is included in the fees or is available for an additional charge.

Amenities / Services	Included	Additional Charge	Amenities / Services	Included	Additional Charge
Activities Offered - Variety.....	<input type="checkbox"/>	<input type="checkbox"/>	Meals (number per day).....	<input type="checkbox"/>	<input type="checkbox"/>
Barber/Beauty Shop.....	<input type="checkbox"/>	<input type="checkbox"/>	Medical/Personal Care.....	<input type="checkbox"/>	<input type="checkbox"/>
Emergency Call System.....	<input type="checkbox"/>	<input type="checkbox"/>	Parking.....	<input type="checkbox"/>	<input type="checkbox"/>
Exercise Programs.....	<input type="checkbox"/>	<input type="checkbox"/>	Scheduled Transportation.....	<input type="checkbox"/>	<input type="checkbox"/>
Guest Accommodations.....	<input type="checkbox"/>	<input type="checkbox"/>	Security System.....	<input type="checkbox"/>	<input type="checkbox"/>
Housekeeping.....	<input type="checkbox"/>	<input type="checkbox"/>	Staff Available 24/7.....	<input type="checkbox"/>	<input type="checkbox"/>
Kitchen Appliances.....	<input type="checkbox"/>	<input type="checkbox"/>	Storage.....	<input type="checkbox"/>	<input type="checkbox"/>
Laundry Facilities/Services.....	<input type="checkbox"/>	<input type="checkbox"/>	Telephone Services.....	<input type="checkbox"/>	<input type="checkbox"/>
Linen Service.....	<input type="checkbox"/>	<input type="checkbox"/>	Utilities.....	<input type="checkbox"/>	<input type="checkbox"/>

Although there are many more questions and insights you have personally, this is a guideline to assist with your initial tour and information gathering.

Atmosphere:	YES	NO	N/A
Did you get a tour of the entire community?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Was a current resident your tour guide?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Are carpets and furniture clean?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
What was your feeling when you toured the community? _____			
Did you have lunch with the residents?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If so, was mealtime in the dining room pleasant?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Does the community have a good reputation in the local community?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Was staff friendly and respectful?.....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## INDEPENDENT LIVING CHECKLIST – PAGE 3

### Atmosphere: *(continued)*

**YES NO N/A**

- Did staff know residents by name? .....
- Is the management staff experienced? Effective? Friendly and personable? .....
- Is a guest suite available for an overnight stay? .....

### Individual Unit Features:

**YES NO N/A**

- Are different size & types of units available? .....
- What percentage of apartemnts are rented and occupied? \_\_\_\_\_
- Are common areas and apartments designed to allow you to live as easily and independently as you would like? .....
- Does the unit have a full kitchen? Or just a kitchenette? .....
- Does the unit have a patio/balcony? .....
- Are pets allowed in the community? Any limitations? .....
- May residents smoke in their units? In designated public areas? .....
- Is a 24-hour emergency response system accessible from the unit? .....

### Amenities / Services:

**YES NO N/A**

- Does the community offer the amenities you are looking for? .....
- Are amenities operating/in good working condition? .....
- Is there activity in the main lounge? Library? Common areas? .....
- Were any residents using the activities room? .....
- Were any residents using the exercise facilities? .....

Your thoughts and feelings about your visit? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_