

Helping Seniors and Families Since 1992

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NURSING/REHAB CHECKLIST

A Consumer Checklist of Important Services, Amenities and Accommodations in Nursing/Rehab Centers.

Use the following checklist to heighten your awareness of what to look for as you assess various nursing/rehab centers. Although there are many more questions and insights you have personally, this is merely a guideline to assist with your initial tour and information gathering. It is also critical to review and compare the different services available and whether additional charges are incurred or if monthly fees include the service.

Below are considerations to help you determine if a move to a nursing/rehab center is for you.

Name of Community You Are Touring:				
Atmoshere / Facility:	YES	NO	N/A	
Do you like the community's location and outward appearance?				
Is the atmosphere pleasant?				
Are there handrails along the walls?				
Are the doorways wheelchair-accessible?				
Are safety precautions taken to prevent falling down stairs?				
Is the floor kept dry and free of trash?				
In case of fire, can the facility be easily evacuated?				
Are fire extinguishers easy to locate?				
Does the facility appear clean?				
Are there lingering odors?				
Do the faucets, call buttons, phones, and TVs work?				
Are heating and cooling systems adequate?				
Are visiting hours reasonable?				



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Staff / Patient Care:	YES	NO	N/A
Do staff seem to genuinely enjoy working with the residents?			
Do staff appear to care about and respect residents?			
Are residents treated as individuals?			
Does the staff appear interested in the residents?			
Is staff interested in speaking to visitors or residents?			
Are your questions answered clearly, and in sufficient depth?			
Do any other residents have similar conditions?			
Are residents clean and adequately dressed?			
Does a resident have drinking water available?			
Are the rights of the residents clearly posted?			
Food Service:	YES	NO	N/A
rood Service:	1 25		,
Is the food hot, attractive, and tasty?			
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Is the food hot, attractive, and tasty? Does menus vary from day to day and meal to meal? Are snacks available? May a resident request special foods? Are special diets available? If so, what kinds of special diets? Amenities / Services: Are rehabilitative and therapeutic services available?	YES		
Is the food hot, attractive, and tasty? Does menus vary from day to day and meal to meal? Are snacks available? May a resident request special foods? Are special diets available? If so, what kinds of special diets? Amenities / Services: Are rehabilitative and therapeutic services available? If so, which ones?	YES		
Is the food hot, attractive, and tasty? Does menus vary from day to day and meal to meal? Are snacks available? May a resident request special foods? Are special diets available? If so, what kinds of special diets? Amenities / Services: Are rehabilitative and therapeutic services available? If so, which ones? Is Alzheimer's/Dementia Care available?	YES		



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	YES	NO	N/A
Are most of the people at the activity programs participating?			
Are religious services held weekly?			
Is transportation of patients provided?			
Does a resident advisory council exist?			
Are additional services available if the resident's needs change?			
Administration – Assessments, Contracts, Costs & Finances:	YES	NO	N/A
Is the facility in good standing with the state inspectors?			
Are fees competitive?			
Have fees increased significantly in the past few years?			
Is the fee structure easy to understand and reasonable?			
Does the institution readily reveal what services are covered in the quoted fee and what services are extra?			
Is Medicaid accepted?			
Is Medicare accepted?			
Is Private Insurance accepted?			
Are the billing and accounting procedures understandable & acceptable?			
Do the charge nurses, social workers, department heads, and top-level			
administrators have geriatric experience and/or education?			
Are community organizations involved?			